

## Tailor Made Workshops for Capacity Building

Improve your team's Leadership, Empowerment, Group dynamics and Project implementation.

In a complex and diverse world, the long-term sustainability of our projects & building teams of empowered people, who share trust and responsibilities, can be a challenging task.

### AGILE PROJECT DESIGN RELATIONSHIPS&TRUST LEADERSHIP&SYSTEMS



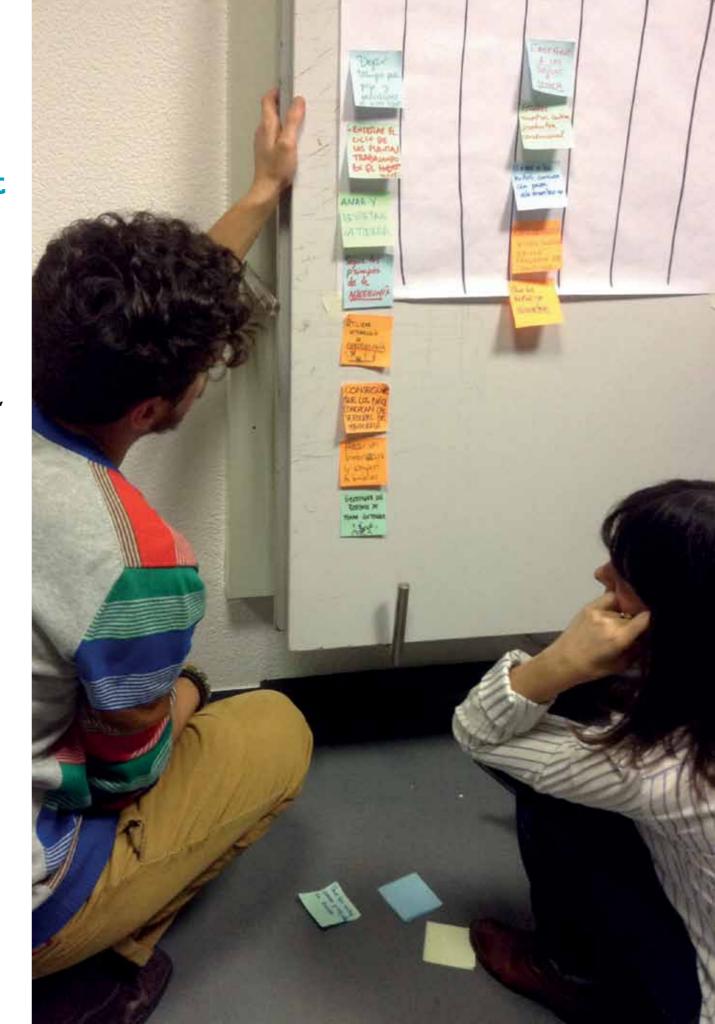
It is therefore necessary to develop innovative, motivational and efficient strategies, that will ease project implementation.

you would like your organization to be high performing, as well as creative and with empowered leaders; most probably these trainings are for you:

Agile project design and management tools: Create authentic team's shared visions. Achieve effective and efficient task management. Integrate intuition and logic, emotions and rational thinking in project planning. Work with chaos and unpredictability; and learn to enjoy, have fun and celebrate all the way.

**2) Group Dynamics and Conflict Resolution**: Create organisations as living systems with collective intelligence. Knowledge and tools on best decision making processes. Navigate team's conflicts and overcome blockages. Discover rank, power and its impacts on team member's relationships.

2) Leadership, Empowerment and Participatory Processes: Your team's leadership journey and their talents and gifts. A participatory leadership that generates team's empowerment and motivation. Communication and feedback. Build group trust.



# We offer tailor made workshops and open talks according to your oganisation needs.

The tools and methods used in the workshop come from: Art of Hosting, Processwork, Dragon Dreaming, Facilitation Institute (IFAACE), Non Violent Communication, U-Theory, Spiral Dynamics, Scrum & Agile, Business Model Canvas, Framework for Strategic Sustainable Development (FSSD), Deep Ecology and The work that Reconnects,

We are inspired by Buddhism, Taoism, Australian Aborigines, and thinkers like Scott Peck, Otto Scharmer, John Croft, Gandhi, Albert Einstein, Paolo Freire, Carl Jung, Joanna Macy, Arnold Mindell, Marshall Rosenberg, Don Beck, Frederic Laloux..









## Please contact us for more info

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#### Julia Ramos (Nepal)

Facilitator in Dragon Dreaming project design, Organisational Change, Strategic Sustainable Development & Innovation. She has facilitated in 3 continents to more than 300 people. She is also the founder of a start-up called Once in a LifeTime events, that wishes to bring sustainable development to big events. She has dedicated the last 4 years of her life to helping people to create projects with a new consciousness as well as 8 years to traditional business management. She holds two Masters, one in Leadership and Strategic Sustainable Development (Sweden) and the other in Communication and Public Relations (Spain). Member of Red Amaltea Associacion.





#### **Beatriz Gallego (Spain)**

Dragon Dreaming and Process Work Facilitator. She accompanies individuals and groups with their evolution process and organization development. Specialised in group conflict resolutions, working with roles, rank and leadership. Trained in Open Forums and Deep Democracy, Transition Movement, Deep Ecology and Art of Hosting. As a Creative Entrepreneur, she first worked in Advertising and Marketing Online & Offline and later she created a Social Communication Cooperative for Local and National Spanish Governments and private companies. Master in Business Administration. Founder of Red Amaltea Association for Women and 14grapas Creative and Facilitation Agency.







CARISMATIC COMMUNICATION • LOVE IN ACTION • TRUST COLLECTIVE INTELLIGENCE • PROCESS • DREAMS • PLAN INNER WORK • GROUP DYNAMICS • TOOLBOX • BE HOST AND BE HOSTED • SYSTEMS THEORY • CHAOS AN ORDER STRATEGY • BLOACKAGES • FACILITATION • ROLES KARRABIRT • CONFLICTS RESOLUTIONS • PINAKARRI LEADERSHIP • AGILE PROJECT DESIGN • SUSTAINABILITY